

## Over-the-Counter (OTC) Drug Listing



YOUR SECTION 125 PLAN SERVICE SPECIALISTS

<b>Over-the-Counter Drugs Used Primarily for Medical Care.</b> These are reimbursable with only a third-party receipt. No recommendation from a health care provider is required.	
<i>Type of Drug</i>	<i>Examples<sup>1</sup></i>
Allergy Prevention & Treatment	Benadryl, Sudafed, Actifed, Claritin, Chlor Trimeton, and Nasalcrom
Antacids and Acid Reducers	Gas-X, Maalox, Mylanta, Tums, AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75AXID AR, Prilosec OTC, Tagamet HB, and Zantac 75;
Anticandial	Femstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat 3, 7, and Vagistat-1
Antihistamines	Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Nyquil, Sudafed, Tavist-1, and Triaminic
Antidiarrheal and Laxatives	Ex-Lax, Pepto-Bismol, Immodium A.D. and Kaopectate
Anti-fungal	Lamisil AT, Lotramin AF, and Micatin,
Anti-itch Lotions and Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy)	Bactine, Caldecort, Cortaid, Hydrocortisone, and Lanacort, Calamine Lotion, Benadryl Cream, Caladryl, Cortaid, Lamisil AT, Lotramin AF, and Micatin
Asthma	Primatene Mist
Cold Sore/Fever Blister	Abreva Cream, Carmex
Condoms and other contraceptive devices	Trojans, Magnum, VGF Film and Delfen Contraceptive Foam
Contact Lenses Solutions	Bausch & Lomb, Renu, Aosept, Allergan, Boston and Opti-Free
Cough Suppressants	Robitussin, Vicks 44, Chloraseptic
Decongestant/ Nasal Decongestant and Cold Remedies	Advil Cold and Sinus, Afrin, Afrinol, Aleve Cold and Synus, Children's Advil Cold, Duration, Dristan Long Lasting, Neo-Synephrine- 12 Hour, Orrivin, Sudafed, Tavist-D, Tylenol Cold and Flue, Thera-flu, Alka Seltzer Cold and Flu, Nyquil, Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Sudafed, Tavist-1, and Triaminic
Diaper Rash Ointments	Balmax and Desitin
Eye Drops for Allergy/Cold Relief	Ocu Hist
First Aid Supplies	Ace Bandages, Band-Aids, Bandage Tape, Thermometers, Medical Gloves, Gauze, Neosporin, Rubbing Alcohol and Visine
Hemorrhoid Treatments	Preparation H, Hemorid, and Tronolane

<sup>1</sup> This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.

Internal Analgesic/antipyretic	Advil, Aleve, Children's Motrin, Nuprin, Excedrin, Tylenol and Bayer
Incontinence Supplies	Depends
Liniments	BenGay, Tiger Balm and Flexall
Medical Monitoring	Services and Bracelets specifically for medical information.
Medical Products and Devices	Blood Pressure Monitor, Glucose Tester, HIV Test, Cholesterol Test, Diabetic Supplies, Crutches, Ovulation Monitor and Pregnancy Testing Kits
Menstrual Cycle Medications	Midol, Pamprin, and Premysyn PMS
Migraine	Advil Migraine Liqui-gels, Excedrin Migraine, Motrin Migraine Pain,
Motion Sickness Medication	Dramamine and Marizine
Nicotine Gum or Patches and Smoking Cessation Aids	Nicorette, Nicotrol, and Nicodin
Pediculicide (head lice)	Nix
Poison Ivy Protection	Ivy Block
Smoking Cessation	Commit, Nicoderm CQ, Nicorette, Nicotrol,
Toothache and teething pain relievers	Orajel
Wart removal medications	Tinamed
<b>Dual Purpose OTC Drugs.</b> These require a third-party receipt and a note from the Health Care Provider listing the diagnosis of the medical condition and the recommendation of the OTC Drug.	
Anti-baldness/hair loss/ hair replacement/ such as Rogaine, but only if to replace hair loss due to a medical condition (e.g. cancer treatment) and not for balding due to age.	
Fiber supplements such as Benefiber and Metamucil	
Glucosamine/Chondrotin for arthritis or other medical condition (not reimbursable if taken for overall joint health)	
Herbal supplements used to treat a specific disease such as St. John's Wort for depression	
Hormone Therapy Drugs	
Medicated shampoos' to treat a specific medical condition like psoriasis and only the amount in excess of the cost of normal shampoo.	
No Doz (and other sleep prevention drugs)	
Nose strips for proper breathing or other medical conditions	
Pedialyte for a child's dehydration	
Retin-A and other acne medicines (not reimbursable if used for cosmetic purposes such as wrinkle reduction)	
Sleep-Aids	
Snoring cessation aids and medications such as Breathe Right Spray, Snorezz	
Sunscreen and Sunblock	
Vitamins are not an eligible expense, unless prescribed by a physician to treat a specific medical condition. (i.e. Iron to treat, not prevent, anemia; Calcium Supplements to treat, not prevent, Osteoporosis). A doctor's note detailing the specific medical condition will be required for reimbursement.	
Weight loss/dietary supplements must be for a specific medical condition such as obesity	

**OTC Items Not Reimbursable.** These OTC drugs or other products are not considered medical care and therefore would not be reimbursable through the plan.

Chapstick

Cosmetics

Cotton Balls

Deodorants

Face creams, moisturizers, eye creams, and wrinkle reducers

Feminine Hygiene Products such as tampons and maxi pads

Food Items (i.e. Slim Fast)

Hair removal treatments and waxes

Mouth washes, antiseptics and oral anesthetics

Shaving Cream and Razors

Soap

Teeth Whitening kits, and powders

Toothpaste

Vitamins taken to improve overall-health