

FSA Eligible Expenses

The following list is not meant to be an all-inclusive list of generally eligible FSA expenses. Other expenses not specifically mentioned may also qualify. Also, expenses marked with an asterisk (*) are “potentially eligible expenses” that require a Note of Medical Necessity from your health care provider to qualify for reimbursement. Each plan is different; for additional information specific to your plan, check your Summary Plan Document or contact myCafeteriaPlan.

BABY/CHILD TO AGE 13

- Breast Pumps
- Lactation Consultant
- Lead-Based Paint Removal
- Nursing Supplies
- Special Formula*
- Tuition: Special School/Teacher for Disability or Learning Disability*
- Well Baby /Well Child Care

DENTAL

- Dental X-Rays
- Dentures and Bridges
- Exams and Teeth Cleaning
- Extractions and Fillings
- Oral Surgery
- Orthodontia
- Periodontal Service

EYES

- Eye Exams
- Eyeglasses and Contact Lenses
- Laser Eye Surgeries
- Prescription Sunglasses
- Radial Keratotomy

HEARING

- Hearing Aids and Batteries
- Hearing Exams

LAB EXAMS/TESTS

- Blood Tests and Metabolism Tests
- Body Scans
- Cardiograms
- Laboratory Fees
- X-Rays

MEDICAL EQUIPMENT/SUPPLIES

- Air Purification Equipment*
- Arches and Orthotic Inserts
- Contraceptive Devices
- Crutches, Walkers, Wheel Chairs
- Exercise Equipment*
- Hospital Beds*
- Medic Alert Bracelet or Necklace
- Nebulizers
- Orthopedic Shoes*
- Oxygen*
- Prosthetics
- Syringes
- Wigs*

MEDICAL PROCEDURES/SERVICES

- Acupuncture
- Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)
- Ambulance
- Fertility Enhancement and Treatment
- Hair Loss Treatment*
- Hospital Services
- Immunization
- In Vitro Fertilization
- Physical Examination (not employment-related)
- Service Animals*
- Sterilization/Sterilization Reversal
- Transplants (including organ donor)

MEDICATIONS

- Over the counter drugs
- Insulin
- Prescription Drugs

OBSTETRICS

- Lamaze Class
- OB/GYN Exams
- OB/GYN Prepaid Maternity Fees (reimbursable after date of birth)
- Pre- and Postnatal Treatments

PRACTITIONERS

- Allergist
- Chiropractor
- Christian Science Practitioner
- Dermatologist
- Homeopath
- Optometrist
- Osteopath
- Physician
- Psychiatrist or Psychologist

THERAPY

- Alcohol and Drug Addiction
- Counseling (not marital or career)
- Hypnosis
- Occupational
- Physical
- Smoking Cessation Programs*
- Speech
- Weight Loss Programs*

Eligible Over-the-Counter Items

The following is a high-level list of Over-the-Counter (OTC) items that clearly are not medicine or drugs and may be eligible for purchase with FSA dollars depending on your plan.

Baby Electrolytes

- Pedialyte, Enfalyte

Denture Adhesives, Repair, & Cleansers

- PoliGrip, Benzodent, Efferdent

Diabetes Testing and Aids

- Insulin, Ascencia, One Touch, Diabetic Tussin, insulin syringes; glucose products

Diagnostic Products

- Thermometers, blood pressure monitors, cholesterol testing

Elastics/Athletic Treatments

- ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports, rib belts

Eye Care

- Contact lens care

Family Planning

- Pregnancy and ovulation kits

First Aid Dressings and Supplies

- Band Aid, 3M Nexcare, non-sport tapes

Hearing Aid/Medical Batteries

Incontinence Products

- Attends, Depends, GoodNites for juvenile incontinence

Reading Glasses and Maintenance Accessories

Feminine care products

DISCLAIMER: Every effort has been made to present this information accurately, however, this is just a summary overview. An overview means that details, explanations and qualifiers are left out. This information is intended only to provide general guidance and you should not rely on it as a complete explanation of this topic. OTC rules and guidelines are subject to change. This is not a legal document.

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